

WHX Cape Town

WHX Labs Cape Town

Advancing Africa's
Health Agenda on a
Global Stage

2nd – 4th September 2025 | CTICC, Cape Town, South Africa





What to look forward to at


WHX Cape Town and WHX Labs Cape Town


WHX Cape Town and WHX Labs Cape Town are your gateway to international networking and cutting-edge healthcare and lab advancements.


These co-located events bring together government leaders, healthcare providers, professionals, manufacturers, and distributors, offering a platform where innovation meets insight. Thousands of health and lab professionals from across the world will connect with top decision-makers, share knowledge, and unlock new opportunities at the Cape Town International Convention Centre (CTICC). Expand your network by engaging with suppliers, industry leaders, experts, and speakers, and establish vital supply and distribution chains. Explore a showcase of new products and advanced solutions, with live demonstrations of innovative technologies. Participate in diverse sessions, conferences, and workshops to discover developments that will advance your career and improve health outcomes across the region.


**10,000+** attendees


**1,700+** conference delegates

**400+** exhibitors

**250+** speakers

**40+** sessions

**50+** countries represented

**35+** exhibiting countries

13+ country pavilions

**\$115m+**
in business generated
on the show floor in 2024

An engaged digital audience

**501,000+** YouTube views

**17,000+** Facebook followers

**4,500+** LinkedIn followers

**3,500+** X followers

**3,000+** Instagram followers



WHX Cape Town & WHX Labs Congress

Theme: Healthcare Without Borders: African Insights, Global Impact

WHX Cape Town is where Africa's healthcare future takes shape—bringing together visionaries, policymakers, and industry pioneers to drive meaningful progress. Under this year's theme, *Healthcare Without Borders: African Insights, Global Impact*, the congress will spark bold conversations, challenge traditional approaches, and set the course for a future where Africa leads on the global healthcare stage.

Over three dynamic days, WHX Cape Town will be a powerhouse of ideas, innovation, and collaboration. From cutting-edge advancements in digital health to game-changing strategies in policy, patient care, and sustainability, the congress is designed to inspire action and accelerate progress.

This is more than a conference—it's a launchpad for lasting change. A place where connections turn into partnerships, discussions lead to action, and innovation drives a new era of healthcare excellence.

Be part of the momentum. Join us at WHX Cape Town and help shape the future of healthcare!



WHX Cape Town and WHX Labs Cape Town congress 2025

1,700+
conference
delegates

100+
locally and
internationally
acclaimed speakers

80+
sessions

3
free-to-attend
non-accredited
forums

22 CPD
accredited
conferences



WHX Cape Town & WHX Labs Congress

Location	Timing	Day One: 2 nd Sept	Day Two: 3 rd Sept	Day Three: 4 th Sept
CTICC 1 - Auditorium 2	09:00 - 16:00	Healthcare Indaba - Global Health	Healthcare Indaba – AI & Digital Health	NEW Healthcare Indaba – Women’s Health
CTICC 2 - Meeting Room	09:00 - 16:00	NEW WHX Thrive - Youth Wellness	NEW WHX Thrive - Performance, Innovation & Optimization	
CTICC 2 - Meeting Room	09:00 - 16:00	NEW WHX Thrive	NEW WHX Thrive - Longevity Congress	NEW WHX Thrive
CTICC 1 - Auditorium	09:00 - 16:00	NEW WHX Thrive - Longevity Congress		WHX Thrive – MindMatters Conference
CTICC 1 -Meeting Room 1.4	10:00 - 16:00	Infection Control & Prevention and Nursing Leadership & Management	Mental Health	Medico Legal & Ethics
CTICC 1 -Meeting Room 1.6	10:00 - 16:00	Emergency Medicine	Quality Management & Patient Safety	Hospital Administration and Management
CTICC 1 -Meeting Room 2.4	10:00 - 16:00	Imaging & Diagnostics	NEW Oncology Medicine & Imaging	EmpowHER_Women in Health
CTICC 1 -Meeting Room 2.6	10:00 - 16:00	WHX Labs: Lab Directors Forum	WHX Labs:Lab Medicine	WHX Labs:Lab Medicine
CTICC 1 - Exhibition Show floor – Future X	11:00 - 13:00	Future X Talks - WESGRO	Future X Talks - AMREF	Future X Talks - 50/50 Women on Board

What's New?



Be part of the future

This year, WHX Cape Town evolves into a larger, more dynamic platform—introducing brand-new tracks, partners, and formats that reflect Africa's expanding influence in global healthcare..

New Conference Tracks

Oncology: Advancing cancer care across Africa

WHX Thrive: Spotlight on sports, wellness & lifestyle medicine

Women's Health: Inclusive care & leadership for women

Longevity: Strategies for healthier, longer lives

Full-Day Conferences

Clinical topics now get the time and depth they deserve with expanded **full-day agendas.**

Interactive Sessions:

From live debates to collaborative roundtables—expect more opportunities to engage, challenge ideas, and co-create solutions.

New Supporting Partners:

Our growing ecosystem welcomes new associations, institutions, and private sector leaders who are driving change.

With a wave of new speakers and industry disruptors joining the lineup, the networking potential has never been greater.



Be part of the future
of healthcare at
WHX Cape Town



HEALTHCARE INDABA: GLOBAL HEALTH

Date: 2nd September 2025, Tuesday

Location: Auditorium, CTICC 1

Time: 10:00 – 17:00

Chair: Prof Salome Maswime, Head of the Global Surgery Division, and Obstetrician and Gynaecologist at the University of Cape Town

A multidisciplinary forum addressing global health strategies, health equity, and sustainable development. This summit brings together African and international leaders to examine health system resilience, cross-border collaboration, and community-centered innovation.

Who should attend:

- C-Suite Executives
- Global Health Strategists
- Clinical Care Leaders
- Business Leaders
- Policymakers
- NGO Leaders
- Strategists
- Technologists
- Entrepreneurs
- Visionaries
- Academia

HEALTHCARE INDABA: DIGITAL HEALTH & AI

Date: 3rd September 2025, Wednesday

Location: Auditorium, CTICC 1

Time: 10:00 – 17:00

Explore transformative technologies in healthcare—from digital infrastructure to AI diagnostics. This conference is designed to shape Africa's digital health future, promote interoperability, and empower providers to harness innovation for scalable care delivery.

Who should attend:

- C- suite Executives
- Visionaries
- Clinical Care Leaders
- Business Leaders
- Policymakers
- Strategists
- Technologists
- Entrepreneurs
- Academia

HEALTHCARE INDABA: WOMENS HEALTH

Date: 4th September 2025, Thursday

Location: Auditorium, CTICC 1

Time: 10:00 – 17:00

Focused on holistic women's healthcare, this summit champions access, equity, and leadership in areas including maternal care, reproductive rights, and gender-specific innovations. It also highlights the voices of female leaders shaping the health sector.

Who should attend:

- Clinicians
- Women's Health Specialists
- Hospital Leaders
- Midwives
- Gender Equity Advocates
- Public Health Officers
- Policymakers

INFECTION CONTROL AND PREVENTION



Date: 4th September 2025, Thursday

Time: 10:00 – 13:00

Location: Meeting Room 1.4, CTICC 1

Chair: Elizabeth Schoeman, IPDIC Program Manager, ICAN, Cape Town, South Africa

Discover practical solutions and emerging innovations to strengthen infection prevention in everyday practice. This session covers protocols, behavior change, surveillance, and antimicrobial stewardship with a strong implementation focus.

Who should attend:

- IPC Professionals
- Infection Disease Specialists
- Internal Medicine Physicians
- Nurses
- Public Health Officials
- Facility Managers

NURSING LEADERSHIP & MANAGEMENT



Date: 4th September 2025, Thursday

Time: 14:00 – 16:00

Location: Meeting Room 1.4, CTICC 1

Chair: Dr Sharon Vasuthevan, Education Executive, Johannesburg, South Africa
Petra Brysiewicz, President, Academy of Nursing of South Africa

Empowering nurse leaders to take the helm of healthcare transformation, this track explores strategic leadership, workforce development, patient-centered care, and operational excellence. From navigating staffing challenges to leading through change, this session is built to elevate nursing as a cornerstone of health system success.

Who should attend:

- Chief Nursing Officers,
- Nursing Directors,
- Nurse Managers, Unit Heads,
- Clinical Educators,
- Hospital Administrators,
- Policy Influencers in Nursing

MENTAL HEALTH

Date: 3rd September 2025, Wednesday

Location: Meeting Room 1.4, CTICC 1

Time: 10:00 – 16:00

Chair: Dr. Joshua Awesome, Founder, African Institute of Mind, South Africa

Dedicated to the mental wellbeing of healthcare workers, this session equips leaders with strategies for emotional resilience, stress management, and cultivating mentally healthy workplaces in high-pressure clinical settings.

Who should attend:

- Hospital C-Suite;
- Clinical Care Leaders;
- Hospital
- Directors/ Managers;
- Medical Directors;
- Nurse Leaders & HoDs

MEDICO- LEGAL & ETHICS

Date: 4th September 2025, Thursday

Location: Meeting Room 1.4, CTICC 1

Time: 10:00 – 16:00

Chair: Adv. Phelelani Khumalo, Head: Legal and Auxiliary Services, Water Research Commission (WRC), South Africa

A deep dive into the legal and ethical complexities of modern healthcare practice. Explore medical liability, patient rights, compliance frameworks, and ethical dilemmas through real-world case studies and legal expert insights.

Who should attend:

- Healthcare Legal professionals;
- Hospital Administrators;
- Ethics Committee Members;
- Regulatory & Compliance
- Professionals in Healthcare;
- Patient Advocates & Academics

EMERGENCY MEDICINE

Date: 2nd September 2025, Tuesday

Location: Meeting Room 1.6, CTICC 1

Time: 10:00 – 16:00

In partnership with: In Partnership with: Emergency Medicine Society of South Africa (EMSSA)

Chair: Prof Feroza Motara, President, Emergency Medicine Society of South Africa (EMSSA)



Designed for frontline responders, this track addresses innovations in trauma care, triage systems, and emergency response protocols tailored to resource-constrained environments.

WHO SHOULD ATTEND:

- Emergency Medicine Physicians/ Consultants;
- Emergency Care Practitioners/ Technicians;
- Emergency Medicine Registrars;
- Academia;
- Emergency Service Providers (ESPs)
- Nurses
- Clinical Trainers
- Public Sector

QUALITY MANAGEMENT AND PATIENT SAFETY

Date: 3rd September 2025, Wednesday

Location: Meeting Room 1.6, CTICC 1

Time: 10:00 – 16:00

In partnership with: Council for Health Service Accreditation of Southern Africa (COHSASA)

Chair: Dr Sabelile Tenza, Senior Lecturer, School of Nursing Science - Potchefstroom Campus, Potchefstroom , South Africa



Dive into systems-based quality frameworks and safety-first strategies that reduce medical error, improve patient experience, and drive value-based outcomes.

WHO SHOULD ATTEND:

- Quality Professionals
- Heads of Nursing
- Nursing Directors
- Nurse Managers
- Clinicians
- Hospital Administrators
- Accreditation Leads

HOSPITAL ADMINISTRATION & MANAGEMENT

Date: 4th September 2025, Thursday

Location: Meeting Room 1.6, CTICC 1

Time: 10:00 – 16:00

Chair: Dr Salim Hasham, Global Advisor Africa Cedars Sinai International; Special Advisor Africa, IHF, President, KKM International

Navigate the evolving challenges of hospital operations—from financial performance and HR strategy to tech adoption and infrastructure planning. Gain insights into building resilient, patient-centric systems that drive long-term sustainability.

WHO SHOULD ATTEND:

- Hospital C-Suite;
- Clinical Care Leaders
- Hospital Directors/ Managers
- Medical Directors
- Nurse Leaders
- HoDs
- Administrators
- Strategy and Planning teams

IMAGING & DIAGNOSTICS

Date: 2nd September 2025, Tuesday

Location: Meeting Room 2.4, CTICC 1

Time: 10:00 – 16:00

Chair: Dr Paul Rischbieter, CME Chair, Radiological Society of South Africa (RSSA); Radiologist/Director, Radiology24

Unpack the future of imaging—from AI in radiology to advances in nuclear medicine—enhancing diagnostic accuracy and treatment outcomes across specialties. Explore how innovation is transforming workflows, enabling earlier detection, and improving patient care.

WHO SHOULD ATTEND:

- Radiology Chiefs
- Heads, Directors
- Consultants and Radiographers
- Nuclear Medicine Physician
- Sonographers & Technician/ Technologists;
- Radiology Nurses

ONCOLOGY MEDICINE & IMAGING

Date: 3rd September 2025, Wednesday

Location: Meeting Room 2.4, CTICC 1

Time: 10:00 – 16:00

Chair: Dr Tamiya Nair, Vice Chair, Oncology Imaging Society of South Africa (OISSA)

A comprehensive track spotlighting innovations in cancer care delivery, early detection, treatment access, and regional strategies to reduce mortality and improve survivorship. Discover collaborative approaches and emerging technologies driving impact across the oncology continuum.

WHO SHOULD ATTEND:

- Oncologists
- Radiologists
- Surgical Oncologists
- Cancer Program Managers
- Oncology Nurses
- Research Leads

EMPOWHER_WOMEN IN HEALTHCARE

Date: 4th September 2025, Thursday

Location: Meeting Room 2.4, CTICC 1

Time: 10:00 – 16:00

A celebratory and solution-driven platform amplifying women's leadership in healthcare. This session blends inspiration, mentorship, and actionable strategies for building inclusive, empowered workplaces.

WHO SHOULD ATTEND:

- Women in Healthcare (all roles)
- DEI Champions
- Leadership Coaches
- HR Executives
- Career Advocates

LAB DIRECTORS FORUM

Date: 2nd September 2025, Tuesday

Location: Meeting Room 2.4, CTICC 1

Time: 10:00 – 16:00

A focused space for lab leaders to exchange strategies on quality systems, staffing, data integration, accreditation, and advancing lab infrastructure in African settings. Engage with peers on overcoming local challenges and shaping the future of diagnostics across the continent.

WHO SHOULD ATTEND:

- Heads of Lab
- Lab Managers & Supervisors
- Pathologists
- Lab Technologists
- Lab Technicians
- Lab Scientists
- Lab Researchers

LAB MEDICINE

Date: 3rd & 4th September 2025, Thursday

Location: Meeting Room 2.4, CTICC 1

Time: 10:00 – 16:00

Explore the critical role of laboratory science in disease detection and prevention, with emphasis on microbiology, AMR, and diagnostic innovation for better clinical decision-making.

WHO SHOULD ATTEND:

- Lab Managers & Supervisors
- Pathologists
- Lab Technologists
- Lab Technicians
- Lab Scientists
- Lab Researchers
- Clinical Microbiologists

Future X Zone

The Future X Zone is your gateway to bold ideas and breakthrough solutions, featuring immersive, forward-thinking experiences across all three days of WHX Cape Town 2025. Here's what's in store:



Hackathon

Ignite innovation at WHX Cape Town with a high-impact hackathon tackling Africa's toughest healthcare challenges.



Future X Talks

Industry giants share how they are reshaping African healthcare through innovative technologies and bold visions for the future.

Supported by:



Thrive by WHX

A new kind of experience — one that moves, lifts, and lives like you do.

Bringing together fitness, wellness, longevity, and real-world health, Thrive is designed to support the way we live now. This is where science meets sport, and where better living begins.

Get ready for expert-led talks, high-impact workouts, recovery zones, and immersive wellness experiences — all designed to inspire, energise, and empower you to thrive at every stage of life. Thrive unites a vibrant community of passionate individuals, thought leaders, and innovators shaping the future of sport, wellbeing, and longevity.

From performance to recovery, fitness to wellbeing, Thrive is your front-row seat to the next wave in health — all under one roof at the CTICC, Cape Town, this September 2025.

Let's build a healthier world together.



Powered by

the world's largest network
of health events.



Get ready for the ultimate sports, longevity & wellness congress

The Thrive congress is a high-energy, three-day platform that celebrates the power of movement, mindset, and human potential. From global sporting icons to pioneering wellness innovators, we're gathering the brightest minds and boldest voices to spark change and inspire healthier lives.

This year, we're turning up the energy in Cape Town with a brand-new experience that fuses sports, fitness, and wellness like never before.

The **2025 Congress** will feature specialised conference tracks, each focused on key topics at the intersection of wellness and performance:

Get your front-row seat to the future of wellness – where innovation meets inspiration and bold ideas take centre stage.



Thrive
by WKK

✓ Conference tracks



Youth wellness – Raising a generation that moves, dreams, and leads



Longevity – Cracking the code to a life well-lived



Mental health – Because performance starts with the mind



Nutrition – Real fuel. Real results.



School sport – Getting the next generation off the sidelines



Governance & athlete safety – Playing hard and playing safe



Digital health & performance – Where tech meets transformation



Women's wellness & performance – Power. Progress. Performance.

Thrive's experts, athletes and innovators

Ricardo
Mackenzie



Western Cape Minister for
Cultural Affairs and Sport

Dr Phathokuhle
Zondi



Sports Medicine Physician,
PCZ Consulting (Pty) Ltd.

Juandre
Kruger



Former South African
Rugby Great

Bryan Habana



Former South African
Rugby Great

Themba T.
Gorimbo



UFC Current Fighter,
Zimbabwe

Dr Kamlen
Pillay



Founder & CEO InUniversal Founder
& CEO, InUniversal Group

Akinola
Maja



Chairman, FIT Africa

Gisèle WERTHEIM
AYMÉS



CEO & Founder, World of
Longevity Magazine & Media

Dr Joshua
Awesome



Executive Coach / Mental
Health Advocate / NYT Best
Selling Author

Mandla
Ntlanganiso



CEO, South Africa Boxing
Association

Matthew
Stone



Founder, the Social Runners &
Ambassador, Puma South Africa

Kevin
Teixeira



CEO, Warehouse Gym

Mlondi
Mashinini



Managing Director, HYROX
South Africa

Ant
Middleton



Former UKSF British
Adventurer & Author

Dr Tara
Swart Bieber



Neuroscientist, MD & Best selling
Author, Trustee for charity

Mo
Gawdat



Author & Entrepreneur /
Founder, OneBillionHappy

Supported by the trailblazers and game-changers of the



Experience the future of
health **innovation at WHX**
Cape Town and WHX Labs

